



# Casman's Weekly

## Episode III!

Revenge of the Creative Writing Class!

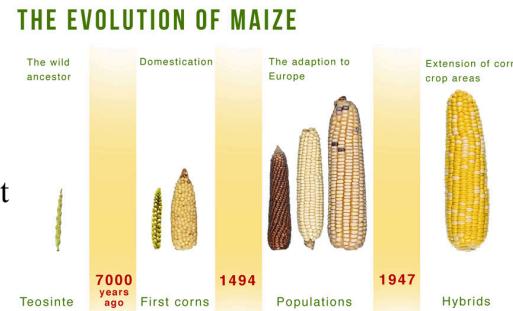
October 04, 2024

Vol 1, Issue 3

### Hispanic Heritage Month Week Three Sep15-Oct15

#### A Short history on the Evolution of Corn

Corn or maize, as we know it hasn't been the same for the past 8000 years! This domesticated crop was originally a wild grass found in southern Mexico. The local ancient Mesoamericans used selective breeding over multiple generations to cultivate this grass into a crop. Why? You might ask, we don't know! Ancient plant remains found in the sediment of mesoamerica indicate maize was no longer a grass, but a somewhat domesticated grain grown in bulk, by 4500 BCE(6500 years ago). 1000 BCE(3000 years ago) maize had already spread to the rest of the Americas, and became a staple of the local agriculture and diet. CMaize ever since has been a major staple of Hispaniac American meals and culture.



#### Who is Cesar Chavez?

Born in Yuma, Arizona into a working class Mexican American family. Cesar Chavez only attend school up to the 8th grade until he started working with his family doing field work across California. The harsh working environment started Cesar's life-long passion for worker's rights, especially migrant workers. Cesar Chavez died in his sleep at the age of 66 in 1993. His funeral was attended by thousands of people.

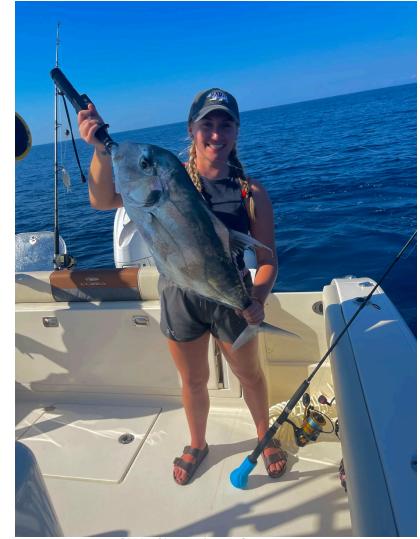


# Sitting down with Ms. Morgan Smith

By Nathan Edgington

## When did you want to become a teacher?

I knew I wanted to become a teacher when I started working at Kennedy Elementary as a paraprofessional 4 years ago.



## Are you still in school and when are you expected to graduate?

I am still enrolled in school and I will be for some time. I will have my second degree (Bachelors) in June of 2025 if all goes as expected and then I will continue going to school for my masters degree.

## What advice do you give to the people of casman?

My advice to the people of CASMAN is to find your motivation, your why. Why are you at CASMAN? Are you here because you want to graduate, or because you feel you have to be here? Understanding your reason for being here is crucial—it will shape how much you accomplish during your time here and how far you go after leaving. Everyone's journey is unique and can't be compared to others. Once you find your 'why,' it becomes easier to set goals and work toward achieving them. Self-motivation is the key to everything. You have to want it. You have to want to learn, to grow, and to gain knowledge, because knowledge is the one thing that can never be taken from you. I know this personally—I never had someone motivating me to try in school, sports, or friendships. I'm the first person in my family to earn a college degree. I had to learn to motivate myself and understand why education and knowledge are so important. And now I'm here to tell you that you can do it too. Your 'why' will guide you to success."

## How long were you a dentist assistant and why did you leave?

I was only a dental assistant for a year before leaving because I knew I would get bored with the day to day job, the repetitiveness. And the office was always freezing so it made me sleepy. I am very scatterbrained myself and need a job that allows me to do many things all at once, and change up my schedule and day-to-day routine.

## What is your favorite food?

My favorite food is sushi

## What is something you wished everyone knew about you?

I wish everyone knew that my words and actions are always thoughtful and intentional. I don't act out of anger or emotion—I never really have. From a young age, I learned that reacting impulsively isn't appropriate or productive. So, when I say or do something, it's because I've taken the time and effort to ensure it aligns with my values and intentions. I consider how my words and actions might affect myself and others, I carefully weigh decisions before speaking or acting, especially in front of others.

## What experience made you the person you are today?

I don't think there's one singular experience that defines why I am the person I am today, but I can say that my dad plays a huge role in shaping who I am. He is super funny, very serious, detail-oriented, and has a bit of OCD—traits that I see in myself as well. When my dad spoke, you knew it was important, and you better be listening. He doesn't talk much, so I've always felt that everything he said—whether it was

a story from his life, advice on what not to do and why, or even just teaching me how to do the dishes—was something to internalize. His words and actions have left a lasting impact on me.

## Sitting down with Natalie

### **What advice can you give to the people of Casman?**

I've always followed this song's lyrics and I feel like others should follow it too. "Consider twice before being unkind or you'll have a bad time. no puns to make because it's true the joke will be on you."

### **Why do you like Casman?**

That it's a small school and a community.

### **What's your favorite food?**

Spaghetti.



### **Where do you see yourself in the next few years?**

I see myself in a professional gaming group in a tournament trying to earn money. I'm already in an EA professional gaming group called corrupt.

### **What is something you want people to know about you**

That I'm as nice as they come unless someone lies to me and lies about me. I want others to know that everyone has boundaries, even nice people. Just some (people) don't pay attention to it.

**Animal of the Week - The Sloth** Everything about sloths is sluggish and slow, even digestion. Sloths are primarily folivores, feeding on the leaves, fruits, and sap of various trees. They have a large and efficient multi-chambered stomach that helps digest tough, fibrous leaves. The sloth's digestion rate is linked to its low metabolism, and more leaves can only be ingested once there is enough room in the stomach, this is often full accounting as much as 37% of its body mass. Therefore, sloths eat very little food daily since digestion takes a very long time to complete, sometimes even days or weeks.



They spend most of their time in trees, hanging around. Everything from feeding, resting and giving birth happens in the trees, but there are times that sloths must leave the trees and descend to the ground.

A gross but fun fact about sloths is that they are very picky about pooping , sloths are incredibly fussy when it comes to personal hygiene. In the wild, they are known to make a slow, arduous journey from the tree canopy to the bottom of the same tree in order to defecate.

## Poem of the week!

On the Day of the Dead, we gather 'round  
With laughter and tears, on sacred ground  
In colorful clothes and painted faces  
We honor those who've left familiar places  
We light candles and place them with care  
For the spirits who come back to share  
Their memories and love with us once more  
As we welcome them through each opened door  
The scent of marigolds fills the air  
Accompanied by sweet sugar skulls so fair  
Altars adorned with offerings and treats  
To appease the souls and make them complete  
We sing and dance to lively tunes  
As the dead return from their resting tombs  
Their presence felt in every step we take  
Guiding us through this sacred wake  
With each sip of tequila and bite of pan de muerto  
We toast to those who have gone before  
Their spirits now part of this grand fiesta  
A celebration of life in all its siesta  
For on this day, death is not feared  
But rather embraced, and even revered  
For it is a reminder of life's fleeting breath  
And the preciousness of every moment we have left  
So let us rejoice on this Day of the Dead  
As we honor our loved ones who have tread  
Into the land of the eternal light  
Where they now rest in peace, forever in sight.

By ollie

### **Movie recommendation: Selena**

The reason I'm recommending this is because it's a biographical drama based on Selena. She was tragically killed and I think this is a good movie to remember her as she was someone important that I believe people should know about. She won the Best Mexican-American Album(1994) she was the first female Tejano artist to win the award.

### **Fun FACTs**

1. Day of the dead celebrates life, not death
2. Dogs play an important role in Day of the Dead by guiding souls in the afterlife
3. Titi monkeys are one of the most endangered animals in South America

## **Pet of the week: Valkyrie**

At first Hannah's dog was given to her sister from a friend. hobbies include laying around the house. Her breed is a mastiff. She is five years old and she was born on February 13th. She has a heart murmur which makes her smaller than her breed. She weighs 70 pounds the breed should weigh 140 or more pounds. She thinks she is a lap dog. She is scared of backpacks, balloons, and people that walk by the house. She also enjoys car rides, walks. When Hannah takes her for walks they go into the woods. Hannah will hide behind a tree and have her dog find her. She has a super amazing bond with Hannah's father she won't leave her side. A few years back Valkyrie got sick and it was very hard to get her into a vet clinic when she was finally able to diagnose her with parvo which causes a dog to lose their appetite, experience abdominal pain and have a fever or low body temperature among other things. There were many cases of parvo and many dogs of her breed were not surviving that year so her owners treated her at home to make her feel more comfortable. Thankfully she survived.



Original Artwork by Jess

**Author's Quote of the Week-** "What is moral is what you feel good after and what is immoral is what you feel bad after." Ernest Hemingway.

Monday	Tuesday	Wednesday	Thursday	Friday
7. Shredded pork bbq	8. Soft shell tacos	9. Mini corn dogs	10. Grilled cheese sandwich	11. No school!!
Big daddy's pizza	Yogurt plate	Calzone	Cheeseburger	

## Local Job Opportunities

KFC is hiring at 1745 US Highway 31 S, Manistee, MI 49660 AGE (16) you can apply online for JOB (undefined) Part-time Full-time.

Dominos is hiring at 206 Cypress St, Manistee, MI 49660 AGE(16) you can apply for an Online Pizza maker part-time.



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