



Casman's Weekly

Episode XII!

December 20, 2024

Vol 2, Issue 5

It's Beginning to Look a lot Like Christmas!

Did You Know! by Bri

- 3 billion Christmas cards are sent in the U.S. each year
- Santa Claus is based on a real person: St. Nikolas of Myra. He is the patron saint of banking, pawn broking, sailing, orphans and New York City.
- Why red, gold and green? Green has long been a symbol of life and rebirth; red symbolizes the blood of Christ, and gold represents light as well as wealth and royalty.
- Nearly 60 million Christmas Trees are grown each year in Europe.
- Many parts of the Christmas tree can actually be eaten, with the needles being a good source of Vitamin C. (Casman does not recommend that you eat your Christmas tree.)

Sitting Down With- Gabe Evans

You were a caseworker before you were here?

I was a social worker for 12 years. I started with community health in Benzonina county and it wasn't my cup of tea sitting in an office; I'd rather be outside, so I transferred from case



manager to a community skills trainer and helped people to get food, learn how to plan and budget, finding help with cleaning and other services. Just different ways to lend a helping hand.

other services, clean, and be a helping hand. When

Covid happened. I decided to leave the agency and start a new career at Casman.

When is your anniversary with Ms. Kim?

December 27th anniversary of marriage 16 years

What is your favorite food?

When my mom makes enchiladas, I love any type of Mexican food.

What advice can you give to the people of Casman?

My advice is to persevere and seek assistance. Teachers are eager to assist students in any way they can.

What is your level of education? Are you still in school or have you graduated?

I went to public 3rd grade and homeschooled high school, graduating on time with a GED. I took two years to work for money, did some home building, went to community college to basic, and went to Western and graduated five years later with a bachelor's degree. I've been thinking about going back to school for school administration, but I haven't made a final decision.

Do you have any plans for Casman currently or in the future?

I've told many people that working here was one of the best jobs I've ever had, and that helping the kids and becoming more involved with the administration.

Poem of the week:

Winter heart

By Ollie

In the hush of winter's breath, a tale unfolds,
Of a girl with a heart, both tender and bold.
On a Christmas morning, wrapped in white,
She awoke to a world that felt dimmer, less bright.

The tree stood adorned with twinkling lights,
But shadows danced softly, dimming the sights.
For laughter once echoed, now silence remained,
A chair left unfilled, a love uncontained.

She clutched a small gift, wrapped in his care,
A token of moments they'd shared everywhere.
With each gentle tear of the paper so fine,
She felt the warmth of his spirit entwined.

The snowflakes fell softly, like whispers of grace,
Yet her heart held a longing, a hollowed-out space.
She wandered through memories, both bitter and sweet,
In the glow of the season, she felt incomplete.

But in the stillness, a flicker appeared,
A memory of laughter, a voice that she'd feared.
"Though I'm not by your side, I'm never far away,
In the joy of the season, I'm with you today."

So she gathered her courage, her heart full of love,
And looked to the sky, to the stars up above.
For though he had left, his spirit would stay,
In the magic of Christmas, he'd never decay.

With each carol sung, and each candle's soft light,
She felt him beside her, a guardian bright.
In the warmth of the fire, in the chill of the air,
She found him in moments, in love everywhere.

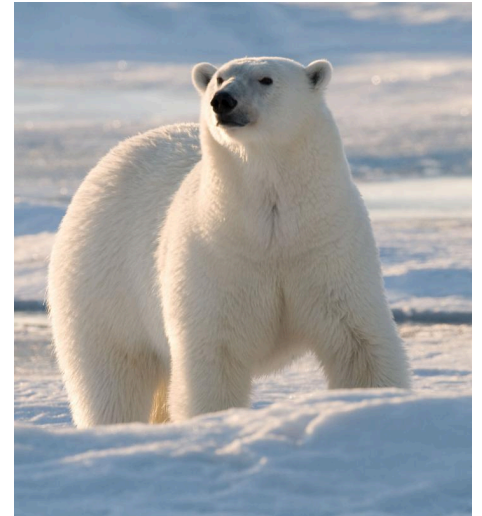
So she smiled through the tears, embraced the sweet pain,
For love knows no boundaries, no loss can restrain.
On that Christmas morning, though her heart felt the scar,
She carried him with her, her guiding North Star.

Animal of the Week: Polar Bear

Polar Bears are a very large member of the ursidae family. These animals grow up to be 8 ft and can weigh up to almost 1,000 pounds. They live for a decently long time; up to 30 years.

Polar bears live in arctic regions of Canada, Alaska, Norway, Greenland, and Russia. These huge bears eat things like seals. And that's pretty much it. Just seals. Very wide diet, I know. Unfortunately, these bears are endangered, but if you want to help them out, you can go here!:

<https://polarbearsinternational.org/act-now/take-action/>



Story of the Week

Weekly Movie Recommendation!

Outpost

By Nathan Edgington

Produced by Paul Tasmasy Eric

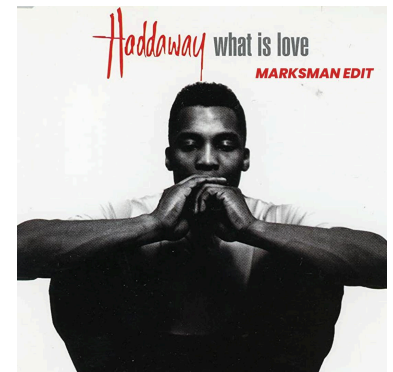
Released in 2019, a war action film 2 hours, 3 minutes. "Outpost" is based on a true story of the Battle Kamdesh back in 2009 when 300 Taliban insurgents attacked combat outpost Keating 59 American soldiers while including Afghan and Latvian soldiers 8 Americans killed during the battle. The movie takes the role of looking into the life before the raid and how modern war is fought today and how war will be fought until today. The movie takes place in Kedesh in combat Outpost Keating in a deep valley of Afghanistan.



Song of the Week: What Is Love

From Haddaway By Nathan Edgington

Released in January 1993 "What is Love" topped the charts in 13 countries and had a great influence on many people, fostering the concept that love is unique and individual, and that everyone should define it for themselves.



Book of the Week: Art of War By Sun Znu

By Nathan Edgington

The art of war teaches us to rely on our readiness to receive the enemy rather than the likelihood that he will not arrive. "Make your way by unexpected routes and attack unguarded spots." "If they face death, there is nothing they cannot accomplish."

This week in history!

On December 20th, 1803, the United States formally took possession of the Louisiana Territory from France in a ceremony held in New Orleans. This event marked the completion of the Louisiana Purchase, which doubled the size of the United States and opened up vast tracts of land for exploration and settlement. The purchase, negotiated by president Thomas Jefferson, was a significant

milestone in American history, setting the stage for westward expansion and the eventual growth of the nation.

Author's Quote of the Week- “You cannot find peace by avoiding life.” – Virginia Woolf

Art of the week!!!

By Lovelly



Just Say NO to Bullying!!

Dec 16-20

Monday	Tuesday	Wednesday	Thursday	Friday
16. Chicken patty on a bun Alt. Big Daddy's Pizza	17. Soft beef taco Alt. Yogurt plate	18. Bone in winds with roll *chefs choice on sauce* Alt. Basco sticks	19. Slice of ham with a roll Alt. cheeseburger	20. Uncrustable



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