



Casman's Weekly

Episode XVIII!

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International Women's Day

By Abby

In a small village, there lived a young girl named Maria who was curious about the world and passionate about equality. As she grew older, she learned about International Women's Day and became fascinated by its history and significance. International Women's Day, celebrated on March 8th, has its roots in the early 20th century. It all began in 1908, when 15,000 women marched through the streets of New York City demanding shorter working hours, better pay, and the right to vote. This powerful demonstration inspired the Socialist Party of America to declare the first National Woman's Day in 1909. The idea quickly spread across the globe. In 1910, at the second International Conference of Working Women in Copenhagen, Clara Zetkin, a German activist, proposed the establishment of an annual International Women's Day. Her proposal was met with unanimous approval, and the first International Women's Day was celebrated in 1911 in Austria, Denmark, Germany, and Switzerland. As the years passed, International Women's Day became a rallying point for women's rights and gender equality. During World War I, Russian women observed the day by striving for "bread and peace," which eventually led to the abdication of Tsar Nicholas II and the granting of women's suffrage.

in Russia. Maria was inspired by these stories of courage and determination. She decided to organize an International Women's Day event in her village, bringing together women from all walks of life to share their stories, celebrate their achievements, and discuss ways to continue the fight for gender equality. The event was a resounding success, and Maria's village became a beacon of hope and inspiration for others. The spirit of International Women's Day continued to grow, uniting women worldwide in their quest for equality, justice, and empowerment. And so, every year on March 8th, people around the world come together to honor the achievements of women, reflect on the progress made, and renew their commitment to building a more inclusive and equitable world for all.

Student Interview: Isaiah Estrada

By Nathan Edgington

Why did you come to CASMAN?

"I came because I dug too deep of a hole and needed to recover a few years."

What is your favorite food?

"Steak and eggs with toast"

What do you plan after high school?

"Start up tree service work and eventually start going to college for welding."

What advice can you give to the people of Casman?

"Don't dig a hole and do it to the best of your ability the first try. I want to become a contract welder and be able to do all sorts of different types of jobs in that field and work what I want."



Pet of The Week:Leo



This is Leo, he is a dachshund. He is mine and my boyfriend's puppy is about five months old. He loves to play and jump on you. Leo is a very energetic little puppy. We got him a few months ago after his 15 year old dog passed away. Leo enjoys stealing food from me and my boyfriend. I would not trade Leo for any other puppy. He is also, I believe, Leo is a purebred dachshund if I'm not mistaken.

Animal of The Week

Horned Lizard

Horned lizards are a species of lizard in the phrynosomatidae family. These lizards grow to be about 5 inches long and weigh 25-90 g. These animals can be found in south-central united states, new mexico, texas, oklahoma, kansas, and northern mexico.



These lizards are able to squirt blood from their eyes by contracting the muscles around the eyes and cutting off blood flow. This blood is toxic to some predators because it contains a chemical from the food it eats.

Did You Know That

- 1.) The first published recipe for tomato soup appeared in N.K.M. Lee's "The Cook's Own Book" in 1832.
- 2.) Women typically have stronger immune systems due to the presence of two X chromosomes, which contain immune-related genes.

3.) If you vape you are 3 times as likely to take up smoking cigarettes.

4.) Jimmy Clifton is an American gospel folk singer and songwriter best known for his hit tracks Save Your Tears and Come On Love. He is currently on the rise in the music industry and is looking to solidify his name in both the Christian and secular fold with his insightful and spirit-filled lyrics. He usually uses Bible scriptures to write his lyrics, which makes his music soothing and truthful. In this article, we take a look at everything you'd want to know about talented artist Jimmy Clifton.

Student Interview: Ollie

Why did you decide to come to Casman? I decided to come to Casman because I was struggling in school and I learned that I have a learning disability which was impacting my ability to learn. On top of that I was bullied a lot and just couldn't take it anymore.

What is your favorite subject? My favorite subject is Math or Creative writing. Math because I just enjoy the people in there and the environment is very calming. Creative writing because I really enjoy writing.

What do you like to do during free time? In my free time I like to read, write, play my trumpet, and do what I can to serve my community and church.

Is there anything you want the students at Casman to know about you? Yes, I am not as mean or weird as I come off. Yes I can be socially awkward at first but that's because I'm trying to read you and understand how I should interact with you. The mean thing is because when I first started to make friends here I was down right mean but that's because I didn't understand how to properly interact and I was trying to show I care.

Do you have any advice for the students at Casman? Yes, Please do your work, it's not worth waiting to graduate in the long run. You could be out of here and living your life to your full potential. Think about it, is it really worth wasting precious moments that you could never get back? That extra year you could have a career, Money, A family, A 401k. Just please think about it.

Poem of the week

By Lovelly

Splish splash

The water crashes against my boot

I jump in the puddles gleefully

Splish splash

The smell of rain still faintly lingers

Bird singing with the rising sun

Splish splash

The plants are watered

flowers in bloom

Splish splash

Spring is here

This Week in History

461 A.D – Catholic Saint Dies

The Catholic Saint Patrick dies in Ireland. We celebrate his life and what he did for his people on St. Patrick's day March 17th. St. Patrick is credited with founding over 300 churches and baptizing over 100,000 Irish people, bringing Christianity and monasticism to Ireland.

1928 – Fred Rogers was born in Latrobe, Pennsylvania.

Fred Rogers, better known as Mr. Rogers. Mostly known for his television series “Mr. Rogers’ neighborhood.” was born on March 20th. "Mister Rogers"

Neighborhood" gained immense popularity, running for 33 years, from 1968 to 2001 with nearly 900 episodes.

1922 – Gandhi sentenced to 6 years in prison.

March 18th. The Indian spiritualist was sentenced to 6 years in prison for sedition. His writings and speeches were seen as inciting unrest against the British colonial government. He was released from prison after two years for medical reasons.

Story of the Week By Nathan Edgington: Flavius Belisarius

Quote of the Week: “It is not these well-fed long-haired men that I fear, but the pale and the hungry looking.”-
Julius Cesar

Song of the week:

Firework by Katy Perry

Movie of the Week: Legally blonde.

Book of the Week: Women we Buried, Women we Burned, a memoir by Rachel Louise Synder.

ART OF THE WEEK: Spring Around the Corner

By Lovely



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Just Say NO to Bullying!!!



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